

# Tangsoodo/Taekwondo Open Point Style

(Continuous sparring; No stopping to verify points)

## I. SPARRING RULES: 1st - 3rd place Medal (One 3rd place)

### 1. Duration of Matches:

#### A. Black Belts:

- a. 18-32 Championship Division: 1 2 ½ minute round
- \*\*\* Rounds in the Finals will be 1 - 3 minute round

#### B. All other black belt and Color Belts: 1 - 2 minute round

### 2. Required Equipment:

#### A. All competitors must provide all of their own protective gear. It must fit and be in good condition, as deemed by center referee.

#### B. Protective gear includes:

- a. Head gear
- b. Mouth piece
- c. Hand guard-Sponge or foam with cloth covering
- d. Groin guard (Males)
- e. Arm / Shin guards - Highly recommended
- f. Foot guard-Sponge or foam with cloth covering
- g. Chest guard - Highly recommended

### 3. Scoring Points: All divisions light contact controlled - **17 yrs. & under no head contact**

#### A. 1 point for punch to trunk

#### B. 1 points for kick to trunk

#### C. 2 points for kick to head/face

### 4. Valid Scoring Techniques:

#### A. Hand: a. Front part of Fist with Knuckles. b. Knife hand, c. Ridge hand d. Back fist (no "blind" spinning techniques).

#### B. Foot: Any part of foot below the ankle.

### 5. Valid Striking Areas: **(Not on Throat. Neck. Spinal Cord)**

#### A. Trunk (Chest pad highly recommended):

- a. Horizontal from the pectorals to the waist.
- b. Vertical to shoulder blades (not the spine)

#### **B. Head (Head gear mandatory): 17 yrs. & under no head contact**

- a. Hand and Kicks to the head /Face- **light** contact controlled.

\*\*\* Any attack that leaves red mark or jerking head may result in warning (0.5 point deduction), 1 full point deduction or disqualification based on degree of violation and its results\*\*\*

### 6. Scoring Procedures:

#### A. Stopping the Match by center Referee to verify warning/injury - Stop the time

#### B. Score by majority of Referee/Judges Decision

#### C. Each Judge will keep a tally of their scores for each competitor for the match and will be verified by the Scorekeeper.

#### D. At the end of the match, the Scorekeeper will let the Center Referee know the final score based on Judges tally and points subtracted for warnings.

#### E. In case of tie: 1 min. sudden death, if still tie, winner will be determined to be the competitor who performed more offensive techniques.

7. Prohibited Acts: Pre-warning / Warning / Deduction Point / Disqualification
  - A. Pre-warning - Hand signal without point deduction. (3 pre warning max./round).
    - a. Center Referee may call pre-warning to promote positive matches and also to prevent potential injuries or violations that may cause interruption of good competition.
  - B. Warnings: Each warning 0.5 point deduction
    - a. Grabbing, sweeping, holding, pushing w/hands, body, Throwing, butting, attacks unauthorized area.
    - b. Turning back on opponent, avoiding competition, leaving ring, pretending injury.
    - c. Inappropriate behavior by competitor, coach or their supporters.
    - d. Any contact that results in minor injury (abrasion or bleeding) as determined by the referee will receive a warning 0.5 deduction or 1-point deduction by the discretion of the Referee/ Judges.
    - e. Any excessive contact, as deemed by center referee, that results in the inability of a competitor to continue, shall be disqualified.
    - f. Inability to continue because of fright, crying, or loss of will does not constitute grounds for disqualifying attacker
  - C. Point deductions
    - a. Excessive contact that results in clear mark, minor injury.
    - b. Excessive violations on prohibited techniques or action by competitor, coach or supporter.
  - D. Disqualification:
    - a. Excessive contact violation that results in opponent being unable to continue match
    - b. Serious inappropriate behavior or actions on the part of competitor, coach, or supporter.
  - E. Forfeiture:
    - a. Unwillingness to continue match (when the referee has determined ability to do so).
8. Coaches:
  - A. Contestants may only have one coach with proper credentials at ringside.
  - B. Coach is required to attend a coach/referee seminar and purchase a coach pass. Instructor (18 & older) with BOC Instructor pass or a competitor over 18 will be eligible to act as a coach without purchasing a separate coaches pass. **They must still attend the coach/referee seminar.**
9. Protest and Arbitration
  - A. Competitors who feel they have received an unfair score may file an official protest by filling out a protest form (to be filled out by a coach with a \$50 fee).
  - B. The protestor will present the case to the Arbitration Board through the ring coordinator. Any decision rendered by the Arbitration Board will be final.
  - C. If the board finds in favor of the protestor, decision will be rectified, protest fee returned.
  - D. Protests must be made before the end of their particular division.

## II. FORMS: Any Forms is allowed : 1st -3rd place Medal (One 3rd place)

- 1 .. Stating the Name: Competitors state their name prior to starting the form.
2. **Judge Panel scoring (3-5 judges): If 3 judges are used, all scores are added. If 5 judges are used, drop the lowest and highest scores. If a tie exists, add low and high in to determine scores.**
3. In case of tie redo form (another form if they know one), contestants stand side by side & judges determine winner by raising hand.
4. Lowest and Highest point: All ranks to be scored 7.11-9.99 for forms, weapons, breaking.
5. Pre-Qualification: If a competitor has a certificate from a qualifier, they will compete later in the division.
6. Please note: All Rules are subject to revision by the Rules Committee. Rules will be reviewed by all Referees and Coaches at a Referee/Coach orientation meeting at the tournament site.