# 2023 Hapkido Competition KI CANDLE SNUFFING

### **General Information**

In this event, competitors "measure their ki" by the number of candles extinguished via a single Hapkido palm strike. The competitor with the most extinguished candles after two rounds is the winner.

A practice station will be available.

Round 1 consists of 8 candles in the apparatus. Round 2 consists of 10 candles in the apparatus.

Competitors will be given two attempts per round. The attempt that yields the most extinguished candles will count as that competitor's score for that round.

#### Rules



Kiaps must be short and sharp. No long exhalations of breath are permitted.



Swinging and cupped hand techniques are prohibited.



Acceptable techniques are (empty hand) downward palm strike, or outward palm strike.



Each round has a one-minute time limit to perform both attempts. Time begins when indicated by judge.

#### **Divisions**



GUP ages 17 and under



Black Belt ages 17 and under



GUP ages 18 and up



Black Belt ages 18 and up

## Hapkido Leadership Team

Hapkido Director 2023: Grand Master Scott Schwab (valormartialarts@gmail.com) Hapkido Co-Director 2023: Master Sara Schwab

**Hapkido Assistant Director 2023: Master Larry Sanford**